



Essential Oil Layering

Powerful Oil Application

Ideal for supporting your own health or the health of another individual, and can be easily integrated in a massage or wellness practice



This essential oil workshop provides education and resources for learning which oils are appropriate for which body systems and related conditions. You will be empowered to confidently make the connection between body systems and illnesses as well as apply essential oils in an efficient manner that is tailored to help the body receive the maximum absorption and advantages.

Essential Oil Layering Workshop

Ideal for supporting your own health or the health of another individual, and can be easily integrated in a massage or wellness practice.

Essential oils will be used to support immune system, cleansing, healthy digestion as well as greater flow and movement throughout the body.

This essential oil workshop provides education and resources for learning which oils are appropriate for Inflammatory response in the body. You will be empowered to confidently apply essential oils in an efficient manner that is tailored to help the body receive the maximum absorption and advantages along the spine and feet.

